

tablets 0,4 mg x 150 **FOOD SUPPLEMENT** 

### PATIENT INFORMATION LEAFLET

#### Content:

1 tablet contains 0,4 mg Folic acid.

Excipients: cellulose microcrystalline, anhydrous calcium hydrogen phosphate, pregelatinized starch, croscarmellose sodium, sodium lauryl sulfate, magnesium stearate.

Content	1 tablet	*(%)RDA
Folic acid	400 μg	200

<sup>\*</sup> Recommended Daily Allowance

### Use:

Folic acid belongs to the group of B vitamins. It is important for the synthesis of the substances essential for the organism, such as nucleoproteins and amino acids. Folic acid is also important for formation and proper functioning of the blood cells. During pregnancy the requirements for folic acid are increased. Folic acid is important for healthy growth of the unborn baby and it is essential to the normal development of the baby's spine, brain and skull.

### **Administration:**

NEWPREGNA tablets can be used by pregnant women or women that are planning to become pregnant. Ussualy 1 tablet per day after meals has to be taken. NEWPREGNA tablets have to be taken 3 months prior to conception and during the first trimester of the pregnancy. It is advisable NEWPREGNA tablets to be taken during the whole pregnancy, unless another multivitamines preparation that contains 0.4 mg folic acid is taken. Other potential health benefits of folic acid intake of 0,4 mg/day are reduced risk of developing heart disease, stroke and some kinds of cancer.

The recommended daily dose should not be exceeded. The dose may be increased according to physician recommendation, only.

Not to be used as a substitute to diverse nutrition.

For oral use only.

Do not use if hypersensitive to any of the ingredients. Discontinue NEWPREGNA tablets if symptoms of hypersensitivity occur.

# Shelf-life:

Printed on the package.

Should not be used beyond expiration date!

Storage:

Store below 25C in original package.

Keep out of reach of children!

## Packing:

150 tablets (in blister pack) and internal leaflet in a carton box.

